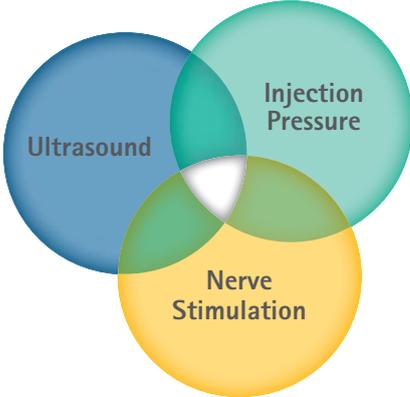


Triple Monitoring

Enhancing Safety in Peripheral Nerve Blocks



Regional Anesthesia



Triple Monitoring

A Multimodal Approach for Peripheral Nerve Blocks

Ultrasound

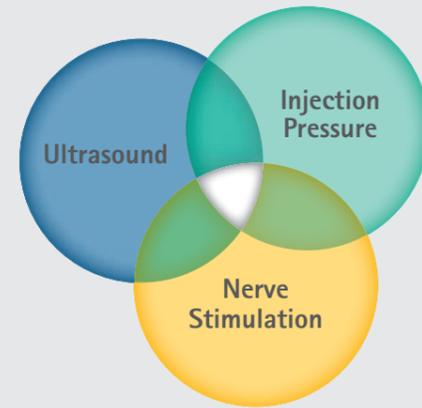
Monitors needle advancement and spread of local anesthetic in real time.^{12,13}

Nerve Stimulation

Identifies nerves by eliciting specific distal motor response; response at < 0.5 mA may indicate needle-nerve-contact or intraneural placement of the needle.^{1,5,7}

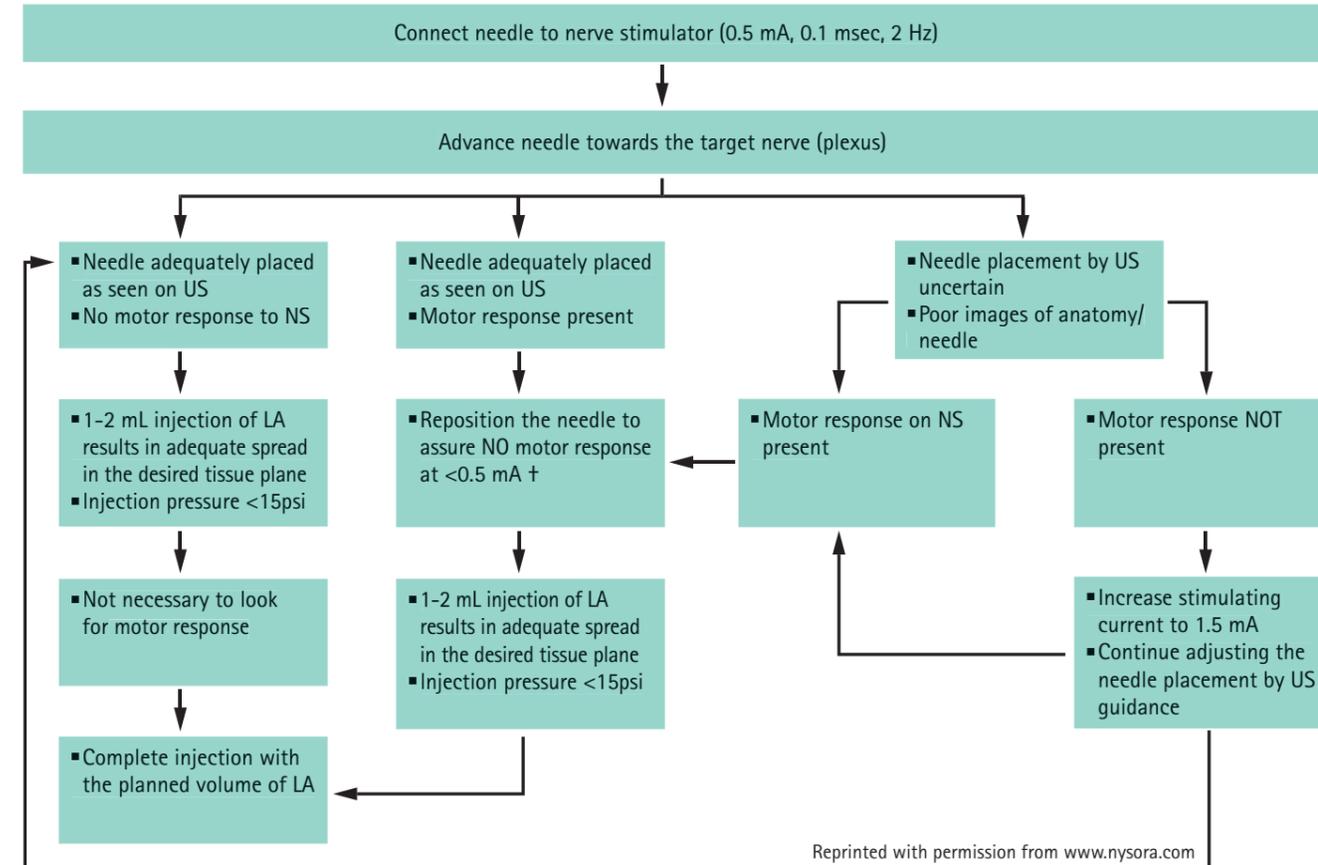
Injection Pressure

High opening injection pressure (> 15psi) may indicate or detect needle-nerve contact, intrafascicular needle placement, injection into poorly compliant tissues (fasciae, tendons) or needle obstruction.^{1,4}



Suggested Standard Monitoring for Nerve Blocks⁹

Combined Monitoring: Ultrasound + Nerve Stimulation + Opening Injection Pressure



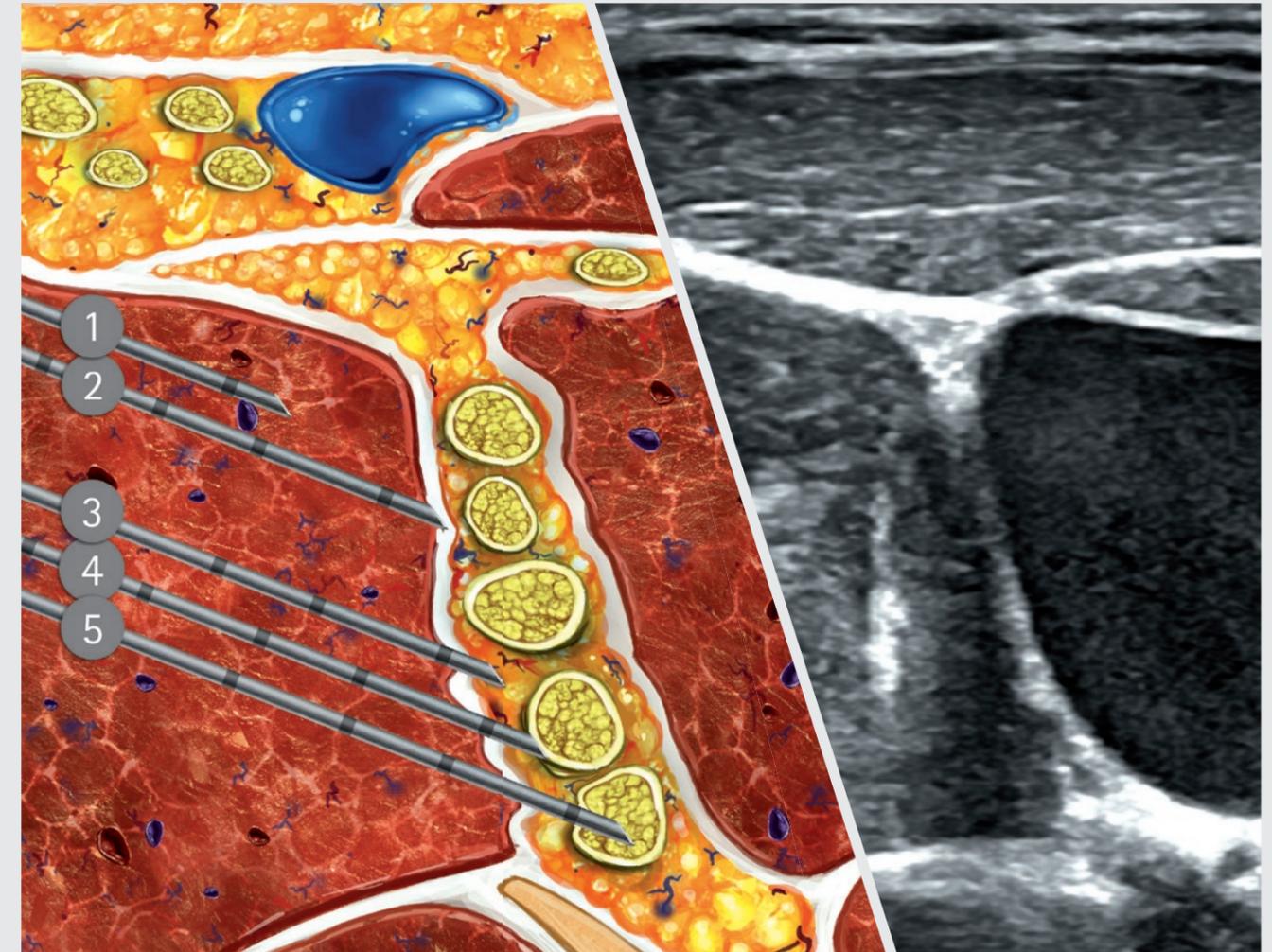
Legend: US-Ultrasound, NS-Nerve Stimulation, LA- Local Anesthetic, Low Injection Pressure < 15psi*

* Experimental studies in large models/human cadavers suggest that opening pressure for intrafascicular injection requires > 15psi

† Experimental studies suggest that EMR at < 0.2 mA (0.1 ms) indicates intraneural needle placement; for additional safety margin, 0.5 mA is recommended in the guidelines by the collaborative group

How it works

For Interscalene Brachial Plexus Block



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	Needle tip position	Ultrasound	Nerve Stimulation	Opening Injection Pressure
1	Needle tip intramuscularly	Visual feedback, influenced by image-quality, patients sono-anatomy; highly user-dependent ⁶	Local muscle twitch may be present, indicating intramuscular needle tip position	Non-specific; typically < 15psi
2	Needle tip placed against fascia (scalene sheath contact)		Local and/or distal motor response may be present	Typically high (> 15psi) as needle bevel is obstructed by the fascia
3	Needle placed in interscalene space		When present, distal motor response may occur at 0.5 mA, indicating proper needle placement	Low (< 15psi) as injection occurs into loose connective tissue perineurally ¹
4	Needle-nerve-contact (brachial plexus root)		Distal motor response may be present at ≤ 0.5 mA ^{1,8,10,11}	High (> 15psi) as the bevel of the needle is occluded by the connective tissue ¹
5	Needle tip placed in the root of the brachial plexus		Distal motor response commonly present at ≤ 0.5 mA ⁵	High (> 15psi) as injection into fascicles requires higher opening pressure ^{1,4}

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